HELEN HUNT
MEDICAL AESTHETICS

A PATIENT GUIDE · SKIN REJUVENATION

Introducing *Beautifeye*

A gentle three-step treatment for the eye area,
now at Helen Hunt Medical Aesthetics



Brighten · Hydrate · Revitalise

Be natural. Be beautiful. Be you.

EXETER · HONITON · SIDFORD

WELCOME

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Bright, rested eyes, *naturally*

Our eyes say so much about how we feel, and they are often the first place to show tiredness, stress and the passing years.

The skin around the eyes is especially fine and delicate. We blink up to 15,000 times a day, we smile, laugh and squint in the sun, so fine lines can appear early. Slower circulation in this area can also make dark circles more noticeable.

Beautifeye is a treatment protocol designed specifically for this delicate area. By improving hydration and overall skin quality, it helps to restore a brighter, fresher look around the eyes. Have a read through, and if you have any questions at all, we would love to hear from you.

Made for the eye area
Designed around the needs of fine, fragile skin.

In clinic and at home
Professional treatment, supported by a simple home routine.

Natural-looking results
Fresher, brighter eyes that still look like you.

The Helen Hunt Medical Aesthetics team

THE TREATMENT

Why Beautifeye *is different*

Rather than focusing on one concern, Beautifeye combines a gentle peel, a nourishing skin booster and targeted homecare to improve the texture, tone and quality of the skin around your eyes.

01
Three steps in one
A peel, a skin booster and home care, working together.

02
Deeply nourishing
Hyaluronic acid plus 59 ingredients, including vitamins, amino acids and antioxidants.

03
Ultra-fine needles
Designed to reduce the risk of bruising and keep you comfortable.

04
Suitable year-round
Can be carried out in any season, including summer.

LABORATOIRES FILLMED · PARIS

From the makers of NCTF® 135 HA

WHAT BEAUTIFEYE CAN HELP WITH

- Fine lines
- Tired-looking eyes
- Dark circles
- Uneven tone & pigmentation
- Dehydrated skin
- Loss of firmness & elasticity
- Dull, crepey texture

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What to expect *on the day*

TREATMENT TIME	COMFORT	DOWNTIME
Around 30–45 minutes	Ultra-fine NANOSOFT™ microneedles	Minimal, small bumps settle in 24–48 hours

01 A gentle peel

Your practitioner begins with BRIGHT PEEL®, a superficial peel suitable for sensitive skin, to help even out tone and pigmentation around the eye.

02 The skin booster

NCTF® 135 HA is placed just beneath the skin's surface using very fine NANOSOFT™ microneedles, delivering hydration and nourishment exactly where it is needed.

03 Home care with Eye Luxe

Our own Helen Hunt Skin Eye Luxe range completes the protocol, helping to hydrate, refresh and brighten the delicate eye area at home.

Is Beautifeye right for me?

It may suit you if you are noticing fine lines, dullness, dark circles or a tired look around your eyes, and would like a gentle, natural-looking improvement. Your practitioner will confirm whether it is suitable for you at your consultation.

YOUR TREATMENT PLAN

A course designed *for brighter eyes*

For the best results, the recommended course is three in-clinic sessions spaced two weeks apart, followed by occasional maintenance.

STEP ONE

Consultation

We talk through your concerns, medical history and goals, and confirm whether Beautifeye is right for you.

DAY 1 · DAY 15 · DAY 30

Three treatment sessions

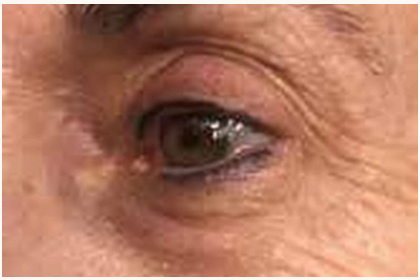
Each session follows the same three steps, building results gradually.

EVERY 3–6 MONTHS

Maintenance

A single top-up session helps to keep your results looking their best.

REAL RESULTS



BEFORE



AFTER

Image courtesy of Laboratoires FILLMED. Individual results vary.

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Looking after *your eyes at home*

Tiny raised bumps, slight redness or swelling at the treatment sites are normal and usually settle within 24–48 hours. Your homecare plays an important part in your results.

HELEN HUNT SKIN · THE EYE LUXE RANGE

Eye Luxe Restore

EYE CREAM · MORNING & EVENING

A luxurious eye cream to help hydrate, smooth and refresh the delicate eye area.

Eye Luxe Eye Lift Gel

EYE GEL

Helps to reduce the look of puffiness and under-eye bags, and brighten the eye area.

Your practitioner will recommend which suits you best, and when to start using it after your session.

After your treatment, please avoid

- Make-up for 12–24 hours
- Very cold temperatures for 48 hours
- Direct sun & sunbeds for 48 hours
- Strenuous exercise for 24 hours
- Saunas, steam & hot baths
- Retinols & acids for 48–72 hours

Full aftercare guidance is provided after your treatment.

If you have any questions or concerns after your treatment, please call the clinic on **01392 984171**. Our team is always happy to help.

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Your questions *answered*

Does it hurt?

Most people find it very comfortable. The NANOSOFT™ microneedles are extremely fine, which helps to minimise discomfort and the risk of bruising.

Is there any downtime?

Very little. You may notice tiny bumps or slight redness for a day or two, and most people return to their usual routine straight away.

How many sessions will I need?

We recommend a course of three sessions, two weeks apart, followed by maintenance every 3–6 months.

Can I have it in summer?

Yes, Beautifeye is suitable all year round. Simply avoid direct sun and UV for at least 48 hours afterwards, and wear SPF daily.

Small habits, brighter eyes

- Remove make-up gently every evening
- Enjoy a diet rich in antioxidants
- Try a gentle lymphatic massage
- Wear your glasses to avoid squinting
- Moisturise with suitable daily skincare
- Wear SPF every day

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YOUR NEXT STEP

Discover what Beautifeye *could do for you*

We would love to hear from you. Get in touch to book your private consultation.

Book a consultation

01392 984171

enquiries@helenhuntaesthetics.co.uk

helenhuntaesthetics.co.uk

Clinics in Exeter, Honiton and Sidford

SCAN TO BOOK

MEDICALLY LED · CQC REGISTERED · SAVE FACE ACCREDITED

Be natural. Be beautiful. Be you.

Beautifeye, NCTF® 135 HA, BRIGHT PEEL® and NANOSOFT™ are products of Laboratoires FILLMED. Eye Luxe Restore and Eye Luxe Eye Lift Gel are part of the Helen Hunt Skin range. Before-and-after image courtesy of Laboratoires FILLMED; individual results vary. This guide is for general information only. Suitability, treatment plans and aftercare are confirmed at consultation.