HELEN HUNT
MEDICAL AESTHETICS

A PATIENT GUIDE · EYE REJUVENATION

Introducing
Beautifeye with Toxin

Our Beautifeye eye treatment, combined with
anti-wrinkle treatment, in one appointment



Brighten · Hydrate · Soften

Be natural. Be beautiful. Be you.

EXETER · HONITON · SIDFORD

Bright, rested eyes, *naturally*

Our eyes say so much about how we feel, and they are often the first place to show tiredness, stress and the passing years.

The skin around the eyes is especially fine and delicate. We blink up to 15,000 times a day, we smile, laugh and squint in the sun, so fine lines can appear early. Slower circulation in this area can also make dark circles more noticeable.

Beautifeye with Toxin brings together our Beautifeye protocol, which improves hydration and skin quality around the eyes, with a gentle anti-wrinkle treatment to soften the expression lines that form when we smile and squint. Two approaches, one appointment, for a brighter, fresher and more rested look. Have a read through, and if you have any questions at all, we would love to hear from you.

Made for the eye area
Designed around the needs of fine, fragile skin.

Skin quality and expression lines
Treats both the skin itself and the lines caused by movement.

Natural-looking results
Fresher, brighter eyes that still look like you.

The Helen Hunt Medical Aesthetics team

THE TREATMENT

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Why Beautifeye *with Toxin*

Fine lines around the eyes have two causes: thinning, dehydrated skin, and the repeated movement of the muscles beneath. Beautifeye with Toxin treats both, combining a gentle peel, a nourishing skin booster and an anti-wrinkle treatment with targeted homecare.

01
Two treatments in one
The full Beautifeye protocol plus anti-wrinkle treatment, in a single visit.

02
Deeply nourishing
Hyaluronic acid plus 59 ingredients, including vitamins, amino acids and antioxidants.

03
Ultra-fine needles
Designed to reduce the risk of bruising and keep you comfortable.

04
Softens expression lines
Anti-wrinkle treatment gently relaxes the muscles behind crow's feet.

LABORATOIRES FILLMED · PARIS

From the makers of NCTF® 135 HA

WHAT BEAUTIFEYE WITH TOXIN CAN HELP WITH

- Crow's feet
- Fine lines
- Tired-looking eyes
- Dark circles
- Uneven tone & pigmentation
- Dehydrated skin
- Loss of firmness & elasticity
- Dull, crepey texture

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What to expect *on the day*

TREATMENT TIME	COMFORT	DOWNTIME
Around 45–60 minutes	Ultra-fine NANOSOFT™ microneedles	Minimal, small bumps settle in 24–48 hours

01 A gentle peel

Your practitioner begins with BRIGHT PEEL®, a superficial peel suitable for sensitive skin, to help even out tone and pigmentation around the eye.

02 The skin booster

NCTF® 135 HA is placed just beneath the skin's surface using very fine NANOSOFT™ microneedles, delivering hydration and nourishment exactly where it is needed.

03 Anti-wrinkle treatment

A small amount of anti-wrinkle treatment is placed precisely around the eyes to soften crow's feet, keeping your natural expression.

04 Home care with Eye Luxe

Our own Helen Hunt Skin Eye Luxe range completes the protocol, helping to hydrate, refresh and brighten the delicate eye area at home.

Is it right for me?

It may suit you if you are noticing crow's feet, fine lines or a tired look around your eyes. As anti-wrinkle treatment is prescription-only, you will always see one of our prescribers face to face first.

YOUR TREATMENT

One appointment, *two results*

Beautifeye with Toxin is a single treatment, so there is no course to commit to. Your skin quality and expression lines are treated together in one visit.

STEP ONE

Consultation

A face-to-face consultation with one of our prescribers to talk through your concerns, medical history and goals, and confirm the treatment is right for you.

TREATMENT DAY

Beautifeye with Toxin

The peel, skin booster and anti-wrinkle treatment, all in one appointment of around 45–60 minutes.

AROUND 2 WEEKS LATER

Review

A complimentary review to check your results and make sure you are happy.

EVERY 3–4 MONTHS

Maintenance

Repeat the treatment whenever you feel ready, to keep your eyes looking fresh and rested.

SKIN QUALITY	EXPRESSION LINES	LASTS
Brighter, more hydrated skin over the following weeks	Begin to soften in 3–4 days, full effect in 10–14 days	Anti-wrinkle results typically 3–4 months

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Looking after *your eyes afterwards*

Tiny raised bumps, slight redness or swelling at the treatment sites are normal and usually settle within 24–48 hours. Your homecare plays an important part in your results, and a few simple precautions help your anti-wrinkle treatment settle well.

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Eye Luxe Restore

EYE CREAM · MORNING & EVENING

A luxurious eye cream to help hydrate, smooth and refresh the delicate eye area.

Eye Luxe Eye Lift Gel

EYE GEL

Helps to reduce the look of puffiness and under-eye bags, and brighten the eye area.

Your practitioner will recommend which suits you best, and when to start using it after your session.

After your treatment, please avoid

- Lying down for 4 hours
- Make-up for 12–24 hours
- Saunas, steam & heat for 24–48 hours
- Direct sun & sunbeds for 48 hours
- Touching or rubbing the area
- Strenuous exercise for 24 hours
- Very cold temperatures for 48 hours
- Retinols & acids for 48–72 hours

Full aftercare guidance is provided after your treatment.

If you have any questions or concerns after your treatment, please call the clinic on **01392 984171**. Our team is always happy to help.

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Your questions *answered*

Does it hurt?

Most people find it very comfortable. The NANOSOFT™ microneedles are extremely fine, which helps to minimise discomfort and the risk of bruising.

Is there any downtime?

Very little. You may notice tiny bumps or slight redness for a day or two, and most people return to their usual routine straight away.

How many sessions will I need?

Just one. Beautifeye with Toxin is a single treatment, which you can repeat every 3–4 months to maintain your results.

When will I see results?

Your skin will look brighter and more hydrated over the following weeks. Expression lines begin to soften after 3–4 days, with the full effect at 10–14 days.

Can I have it in summer?

Yes, it is suitable all year round. Simply avoid direct sun and UV for at least 48 hours afterwards, and wear SPF daily.

Small habits, brighter eyes

- Remove make-up gently every evening
- Enjoy a diet rich in antioxidants
- Try a gentle lymphatic massage
- Wear your glasses to avoid squinting
- Moisturise with suitable daily skincare
- Wear SPF every day

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YOUR NEXT STEP

Discover what Beautifeye *with Toxin could do for you*

We would love to hear from you. Get in touch to book your private consultation.

Book a consultation

01392 984171

enquiries@helenhuntaesthetics.co.uk

helenhuntaesthetics.co.uk

Clinics in Exeter, Honiton and Sidford

SCAN TO BOOK

MEDICALLY LED · CQC REGISTERED · SAVE FACE ACCREDITED

Be natural. Be beautiful. Be you.

Beautifeye, NCTF® 135 HA, BRIGHT PEEL® and NANOSOFT™ are products of Laboratoires FILLMED. Eye Luxe Restore and Eye Luxe Eye Lift Gel are part of the Helen Hunt Skin range. Anti-wrinkle treatment is a prescription-only medicine and is only provided following a face-to-face consultation with a prescriber. Individual results vary. This guide is for general information only. Suitability, treatment plans and aftercare are confirmed at consultation.