

HELEN HUNT
MEDICAL AESTHETICS

HELEN HUNT SKIN · THE MEN'S RANGE

Skincare, *simplified*

Effective, medical-grade skincare in three simple steps — to keep your skin clear, comfortable and healthy every day.

Clinically proven
Active ingredients that genuinely work

Quick & easy
A routine that takes just a couple of minutes

Expert advice
From a medically led team who know your skin

THE RANGE

Three steps. *Healthier-looking skin.*

01 CLEANSE



Gentle Conditioning Cleanser — £30.50

SOOTHING DAILY CLEANSER · 100ML

A soft cream cleanser that clears away the day without stripping the skin — ideal for sensitive skin or after shaving.

Blackcurrant extract · Vitamin B5 · Jojoba & shea

HOW TO USE Massage over damp face and neck, then rinse or remove with a warm cloth.



AHA Refining Cleanser — £30.50

HYDROXY ACID CLEANSER · 100ML

Clears oil and dead skin cells to refine texture, brighten the skin and help prevent ingrown hairs.

Glycolic acid 5% · Salicylic acid 2%

HOW TO USE Massage onto damp skin, leave for a minute, then rinse. Wear SPF daily.

02 TREAT



Hyaluronic Hydration Serum — £49.50

4D HYDRATING SERUM · 50ML

Lightweight, non-greasy hydration that absorbs instantly and keeps working for up to 72 hours.

Hyaluronic acid · Saccharide isomerate

HOW TO USE 1–2 drops over face and neck, morning and/or evening.



Targeted Line Serum — £55

TX BOOST® SERUM · 30ML

Softens the look of frown lines and crow's feet, and helps to extend the results of anti-wrinkle treatment.

Acetyl hexapeptide-8 · Aloe vera

HOW TO USE A pea-sized amount on the areas of concern.



Retinol Treatment 0.3% — £55

NIGHT RECOVERY CREAM · 30ML

Overnight renewal with liposomal retinol, peptides and ceramides for smoother, firmer-looking skin.

Retinol 0.3% · Ceramide NG · Peptides

HOW TO USE At night, starting 2–3 times a week. SPF 50 every morning.

03 PROTECT



Invisible Shield SPF50 — £38

DAILY BROAD SPECTRUM SPF 50 · 50ML

Light, fast-absorbing UVA and UVB protection with no greasy finish. The single best thing you can do for your skin.

Broad-spectrum SPF 50 · Aloe vera

HOW TO USE Every morning as the last step, and reapply through the day.





YOUR ROUTINE

A couple of minutes, *morning & night*

Morning

1. Cleanser — Gentle Conditioning or AHA Refining
2. Hyaluronic Hydration Serum
3. Invisible Shield SPF50

Evening

1. Cleanser
2. Targeted Line Serum
3. Retinol Treatment 0.3% — start 2–3 nights a week

The Men's Signature Set · £155

The complete men's routine in one set — and a little kinder on the wallet than buying separately. It also makes a thoughtful gift.

Not sure where to start?

Ask us at your next appointment, or book a skin consultation and we'll recommend the right products for your skin.

BOOK A CONSULTATION

01392 984171 · enquiries@helenhuntaesthetics.co.uk

Shop in clinic or online at helenhuntaesthetics.co.uk

MEDICALLY LED · CQC REGISTERED · SAVE FACE ACCREDITED

Prices include VAT and are correct as of October 2026. Full ingredient lists are available on request.
Helen Hunt Medical Aesthetics · Exeter · Honiton · Sidford